# C.C.C. MONGKOK CHURCH KAI OI SCHOOL CIRCULAR NO.17/054E

To: Parents / Guardian Date: 27/9/2017

## Free School Chiropractic Care Programme

Our school has participated in the Spinal School Campaign organized by the "Children Chiropractic Foundation". We highly recommend your children to participate in the "School Chiropractic Care Programme". If yor children have symptoms such as neck fatigue, headache, foot ache, neck pain, insomnia, or have ever been diagnosed as having scoliosis, please do not hesitate to participate in the programme.

### "School Chiropractic Care Programme" includes:

- 1. Seminar on spinal health and protection
- 2. Preliminary check-up by registered Chiropractors

Venue : Kids First Chiropractic Centre (24-26 Kai Tak Rd, Kowloon City, Hong Kong)

Date and Time: Please refer to the online appointment schedule (Time slots will be updated

from time to time)

\* Places are limited and available on a first-come-first-served basis. \*

Please make appointments online at http://appointment.postlala.com/events

The spine plays an integral part in the wellbeing of the children. Be sure to have your children checked by Chiropractors regularly.

For enquiries, please contact our school nurse, Ms Chan Lai Chun at 2393 0119.

Yours faithfully,

( Ms Leung Wun Kam )

Principal

#### Remarks:

- 1. There will be 15 students having spinal check in each time slot.
- 2. Confirmed appointment cannot be changed or canceled. Please arrive on time. Late comers are required to rearrange the appointment.
- 3. No reminder will be provided to participants.
- 4. Participants must be accompanied by their parents or guardians.
- 5. Upon arrival, participants are required to show their student handbooks to confirm their identities.
- 6. Each session of spinal check lasts for an hour.
- 7. Spinal check items include Scoliosis, Round Back, Flexibility, High/Low Shoulder and Palpation of upper Cervical.

# C.C.C. MONGKOK CHURCH KAI OI SCHOOL

Bus Routes: 101, 111, 116, 10, 15, 16, 17, 21, 26, 27, 28, 203E, 3B, 42, 5, 796C, 796X, 1A, 2A, 9, 95 Minibus Routes: 25M, 46

